

PM&R Teasell Lectures & Resident Research Day

When: Monday, January 19, 2026
Where: Room B2-109 Parkwood Auditorium

Time	Speaker	Title
PM&R Teasell Lectures 8:00am – 9:00am	Mark Bayley MD MSc FRCPC	<i>“Adventures in Stroke Rehabilitation research: Confessions of a recovering Investigator”</i> <u>Objectives:</u> 1. Discuss and name at least 5 key success factors that enabled Stroke rehabilitation research to advance in Canada 2. Name some barriers and facilitators to translating stroke research into practice 3. Debate how some of these lessons could be applied to promote success other areas of rehabilitation research
9:00am – 9:05am	Break	
9:05am – 9:10am	Michael Payne MP, MSc MD FRCPC	Introductory Remarks
9:10am – 9:25am	Jin Jeon PGY 2	Pain relief outcomes following a parasagittal approach to Lumbar Facet Joint Denervation: A Retrospective Pilot Study
9:25am – 9:40am	Robert Thomas PGY 2	Knee Radio-frequency Ablation: A Pilot Study Using Novel Targets for Improved Outcomes
9:40am – 9:55am	Aleksandra Rakic PGY 3	Transitioning eligible spinal cord injury rehabilitation inpatients from dalteparin to a DOAC for VTE prophylaxis
9:55am – 10:10am	Rylie Bonkowski PGY 4	Waste Not, Want Not: A Quality Improvement Initiative to Reduce Inappropriate Disposal of Non-Hazardous Waste.
10:10am – 10:25am	Break	
10:25am – 10:40am	Sydney Knight PGY 5	Exploring Research Perceptions and Burnout
10:40am – 10:55am	Neelam Minhas PM&R Fellow	Scoping review: botulinum toxin and bone health in upper motor neuron syndrome
10:55am – 11:10am	Aaida Ali	Rehabilitation outcomes among Indigenous Peoples who have undergone limb amputation in Canada: A Scoping Review
11:10am – 11:25am	Ali Pauhl	Age-related differences in cognitive, motor, and neurophysiological outcomes in young and older adults experiencing persistent post-concussion symptoms
11:25am – 11:40am	Alicia Jooyoung Chung	Distribution of epiphyseal nutrient foramina in the distal femur: Implications for anterior knee joint denervation
11:40am – 11:55am	Kristin Nugent	‘Picturing’ Rehabilitation: Perspectives on Mobility, Environmental Accessibility, and Fall Concerns Among Lower-Limb Prosthesis Users
11:55am – 12:00pm	Wrap up and closing remarks	
12:00pm – 12:30pm	Lunch	